



Frederick Allergy & Asthma Center Medication Restrictions for Skin Testing

<p>Some medications can interfere with allergy skin testing. In order for us to obtain the most accurate results, please use the following guidelines for temporarily discontinuing these medications. So if needed, you may be skin tested at your appointment.</p>		
Medication	Generic name	Restriction
Alavert/Claritin/Claritin D/Clarinet	loratadine	3-7 days
Allerga/Allegra D	fexofenadine	3-7 days
Atarax/Vistaril	hydroxyzine	3-7 days
Zyrtec/Zyrtec D	cetirizine	3-7 days
Xyzal	–	3-7 days
Antivert	meclizine	5 days
Astelin Nasal Spray	azelastine	2 days
Brovex	brompheniramine	2 days
Pediox	chlorpheniramine	2 days
Periactin	cyproheptadine	2 days
Phenergan	promethazine	2 days
Tavist	clemastine	2 days
Axid	nizatidine	2 days
Pepcid	famotidine	2 days
Tagamet	cimetidine	2 days
Zantac	ranitidine	2 days
DO NOT take any over the counter antihistamines, cough, cold & sleep medications, i.e., Tylenol PM		2 days
<p>Please continue taking all of the following medications as prescribed: asthma, insulin, blood pressure and antibiotics. DO NOT stop these medications without your doctor's approval. If you are taking steroids and/or antidepressants please contact our office.</p>		
<p>Please call our office at 301-360-0776 with any questions regarding these medication restrictions or any other medication.</p>		